

News reviews



Zeidler prepares for indoor rowing championships

Winning the indoor rowing at the 2017 World Games, just six months after taking on the sport of rowing is only the first of many of Oliver Zeidler's feats.

Think again about the symmetry of rowing

We naturally think of rowing in terms of perfect synchronization, blades entering the water timed to the millisecond, with perfect symmetry of oars and limbs. It is a powerful image, a trope so ingrained in the popular conception of the sport as to become almost cliché. Yet even when it comes to what seems like the most symmetrical type of rowing – single sculling – it may be time to think again.





The avatar 'how to' video for rowing coaches

One of the biggest challenges in World Rowing's recent video project to create the first-ever animated avatar rowing video was unexpected; What happens when you coach an avatar?



Hippos, indoor rowing and more help feed Kafue project

Fundraising for World Rowing's Clean Water initiative, the Kafue River & Rowing Centre in Zambia received a boost over the holidays.



Nielsen breaks Danish record at European Rowing Indoor Championships

Sverri Nielsen set a new Danish record and claimed gold in the men's 2000m event at the 2019 European Rowing Indoor Championships in Copenhagen, Denmark. Nielsen finished in an impressive 5:47.2, besting his own record by 0.7 seconds.

Athletes



Rising Star

Clara GUERRA

ITA



Athlete of the month

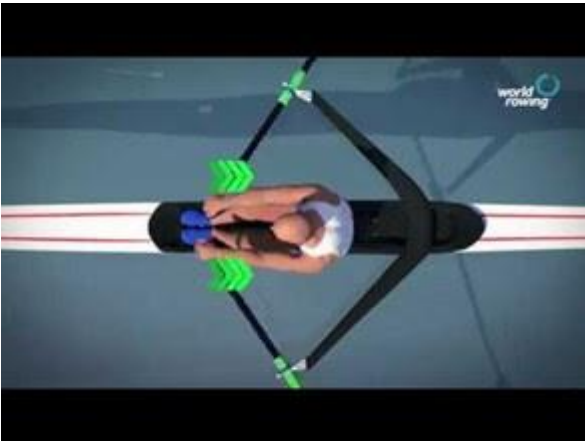
Marinus DE KONING

NED

Videos



The mental strength of a rower



Essential Sculling Technique

Events

2019 Tunis Lake International Sprint Regatta

10 - 10 Feb 2019 / Tunis

2019 World Rowing Indoor Championships

24 - 24 Feb 2019 / Long Beach